

HOME START

Lomond



Home-Start:

- **Around 180 Home-Starts throughout the UK**
- **Organisations that support families with young children**
- **Personalised support starting in the home and with the parents**
- **Volunteer-led approach**



Home-Start Impact:

- 93% of parents report improvements in their mental health
- 94% of parents become more involved in their children's development
- 94% of parents feel less isolated and more connected



Home-Start Lomond:

- 9 trained volunteers (6 operational)
- 8 volunteers in training
- 1 Scheme Manager
- 1 Family Support Co-Ordinator



Service

- 6 families receiving volunteer-led support
- 3 families receiving staff-led support
- 4 families awaiting assignment of volunteer/staff member
- 3 families no longer with service



Families

- **5 Royal Navy Families & 1 Veteran Family**
- **11 Health Visitor referrals**
- **2 Social Work referrals**
- **2 Mental Health Team referrals**
- **1 Self-referral**



Families cont.....

- 5 families whose children have a diagnosed disability and/or neurodiversity
- 5 families with children being assessed for neurodiversity
- 2 set of twins & 8 families with multiple children under 5



Reasons for Referrals

- **Child's Mental Health**
- **Child's Physical Health**
- **Managing Child's Behaviour**
- **Parent's own Learning Needs**
- **Feeling Isolated**
- **Family Conflict**
- **Parent's mental health**
- **Parent's physical health**
- **Household Management**
- **Parent's Self Esteem**



Direct Support Activities

- Emotional Support for Parents
- Practical Help around the House
- Modelling Positive Parenting & Supporting New Behaviours
- Signposting & Support to engage with other Services
- Supporting Activities outside of the House
- Enabling 1:2:1 parent/child time



Other Activities

- Family Hub in Churchill Square
- Community Events
- Fun First Collaboration
- RN Families Support



What our Families Think....

“Having someone there to encourage and cheer me on has made the biggest difference to my confidence.”

“It feels great to have someone who isn’t judging me and who understands.”

“I love [my volunteer]. She is really helping me to see things differently.”

“I am so grateful for your support. Thanks for checking in on me, it is so reassuring!”



Thank You,
Any Questions?



